

## Maternal and Child Health Project in Humla

### Report on Review Meeting and Social Audit of Maternal and Child Health Project in Namkha and Sarkegad Rural Municipality, Humla

**Reported By: Ms. Sushila Shah, Project Coordinator**

**Place, Date, Duration and Time: -**

- **Place:** Hotel Mansarowar, Simkot Rural Municipality, Humla
- **Date:** 1 June, 2023
- **Duration:** 3:00 hours
- **Time:** 12:00 - 3:00 PM

**Facilitator's name: -**

- **Ms. Sushila Shah- Project Coordinator**

**Session: -**

- Briefing about the objectives of the review and social audit program with key stakeholders
- Presentation (Target V/s Achievements) on Maternal and Child Health Project in Namkha and Sarkegad RM, Humla
- Feedback from Participants

**Participants of the program: -**

- Total Participants: 25
- Total Male Participants: 17
- Total Female participants: 8

**Overall Workshop Reflection: -**

On 1 June, 2023, a Review Meeting and Social Audit Program was organized as a part of Maternal and Child Health Project in Simikot, Humla amid a function. The program saw the attendance of 25 key people related to the project such as health workers, female community health volunteers, journalists and local leaders.

The program was chaired by Mr. Prem Bahadur Singh, District Health Officer (DHO), whereas chief guest was Mr. Prem Bahadur Lama, Chairman of Namkha Rural Municipality, and special guest was Mr. Srinath Paudel. Ms. Sushila Shah, Project coordinator did the target v/s achievements presentation on five-year-long Maternal and Child Health Project. Likewise, she

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shared all the financial and programmatic details in both Rural Municipalities in order to improve maternal and newborn health outcomes throughout a region.

Following the presentation, the floor was opened for participants feedbacks along with the closing remarks from participants, special and chief guest. The program was concluded by Mr. Prem Bahadur Singh, District Health Officer (DHO).

#### **Participants reviews and reflections: -**

- Chandra Singh Karki- Ripa Health Post In-charge, Sarkegad RM: - Thanked SWAN Nepal for their remarkable contribution and support for improvement of health status in the Sarekgad Rural Municipality. With the support of SWAN, there is a significant in the remote communities in maternal and child health care services and delivery.
- Ms. Biraspati Rawot - FCHVs of Sarkegd Rural Municipality, ward no-7: - She highlighted the support that FCHVs had received from SWAN Nepal, and thanked SWAN for providing trainings on nutrition and birth preparedness plan. Also, she added, "we were able to encourage pregnant women and their families to visit birthing centers for antenatal check-ups and assisted delivery."
- Mr.Gacho Lama- Health Coordinator of Namkha RM:- SWAN's timely and sustainable intervention have created a wave in Humla to upgrade the birthing centers and the services. People of Humla, mainly women will remember SWAN for its live-saving program always. Training to health workers with latest "helping babies breathe and helping mothers survive" training and "skilled birth attendant" training were the focused activities while community outreach events helped people understand the significance of the well-equipped local birthing centers.
- Mr. Rajan Rawat- President of Journalist Association of Humla: - He highlighted the need of such projects in Humla and thanked SWAN for ensuring access to improved maternal health care services.
- Mr. Takdir Lama- Vice-Chairman and Mr.Mohan Bahadur Shahi- representatives of Namkha Rural Municipality:- Thanked for providing the support even in the period of COVID-19 and request for further support in coming days. He had committed to provide any kind of support from their side if needed.

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- Mr. Srinath Dhakal- Chief District Officer (CDO) Humla:- Thanked SWAN for choosing Humla for implementing the Maternal and Child Health Care Project. SWAN's working approach with the life-saving program has brought a big difference in the remote district. Also, he requested to continue these kinds of support in other municipalities of Humla in near future.
- Mr. Prem Lama- Chariman, Namkha Rural Municipality: - He shared that Namkha Rural Municipality is one of the remotest rural municipalities of Humla district. He said that Namkha Rural Municipality was able to set the record of first institutional delivery in Kermi Health Post with the support of SWAN. He added that each health post in Namkha has now a skilled birth attendant (SBA) trained staff thereby, increasing the rate of safe delivery. He explained that SWAN played a key role to strengthen the local birthing centers with equipment support, health workers training and community awareness events.
- Closing remarks was provided by District Health Officer, Mr. Prem Singh. On his closing remarks, he appreciated the work done by SWAN in Humla with effective coordination and collaboration along with the local government and District Health Office. He praised SWAN for providing life-saving trainings like Skilled Birth Attendant Training, Helping Mothers Survive, Helping Babies Breathe to health workers for their capacity enhancement and expect to work together in near future in the health sectors.

#### Facilitator's reflection: -

SWAN district team was able to conduct this program by providing clear information to palika and other district level stakeholders. All the participants had appreciated the work progress done by SWAN Nepal in Humla also thanked for providing support to poor and marginalized people in remote areas.

#### Issues, Challenges, Lessons learnt and Way-forward: -

Issues and Challenges	Mitigation Measures
SWAN Nepal central team was unable to the program due to extreme weather. They couldn't fly to Simikot.	It is costly to arrive early for the program. However, risks have to be taken to attend the scheduled program in the remote place like Humla.

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#### Lesson Learned and Way Forward: -

The maternal and child health status in most areas of Humla is still poor. Therefore, such programs like maternal and child health care with upgraded activities can be introduced in Humla.

#### Conclusion: -

SWAN conducted a "Review meeting and Social Audit Program" with a resounding success. The program highlighted SWAN's milestones, limitations, geographic challenges, and lesson learned. Participants were happy to learn about the achievements and financial information. This project was made possible with the generous support of SWAN Deutschland e.V, people of Humla, health workers, and the immense support of the local government.

#### Annexes: -



**Social Welfare Association of Nepal (SWAN)**

Maharajgunj, Kathmandu



## REVIEW AND SOCIAL AUDIT PROGRAMME MATERNAL AND CHILD HEALTH PROJECT (2018-2022) Namkha and Sarkegad Rural Municipality, Humla

1 June, 2023

समीक्षा तथा सामाजिक लेखापरीक्षण कार्यक्रम  
मातृत्व तथा शिशु स्वास्थ्य परियोजना (२०७५-२०७८)  
नामखा र सार्केगाड गाउँपालिका, हुम्ला ।

१८ जेष्ठ, २०८०

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Key project stakeholders attended the review meeting.



Female community health volunteer



Local government presented the "Letter of Appreciation" to SWAN for its contribution in Humla.